

# DEVELOPING A PURITY MINISTRY



## STEP 01. FOUNDATION

- ➔ Get familiar with [Pure Desire!](#)
- ➔ Watch the [Sexual Integrity 101 video course](#) as a church leadership team (staff and ministry leaders).
- ➔ Contact our International Group Coordinators at [groups@puredesire.org](mailto:groups@puredesire.org) to become familiar with PD (Pure Desire) groups and best practices.
- ➔ Train up group leaders using one or more of the following options:
  - Create a leadership team of men (four to six) and women (four to six) to develop and train as your first PD group leaders.
  - Have the leadership team view *Sexual Integrity 101* together.
  - Find an upcoming PD Group Training event for staff and potential leaders to attend together, or attend the annual PD Summit.
  - Get connected with the Men's and Women's Regional Group Advisors (RGAs) in your area who will be available to coach you.
  - If leadership options are limited, having one person go through a Pure Desire Online group could prepare them [to lead a group locally](#).
- ➔ Determine within your church ministry structure where these groups fit and who is the lead ministry or staff contact to oversee them.

### RECOMMENDED RESOURCE

- ➔ Podcast Ep. 003: [How to Start Pure Desire Groups at Your Church](#)



# STEP 02. RECOVERY GROUPS

- ➔ Launch groups for those who are struggling with unwanted sexual behavior using any of the following methods:
  - Present a three-to-five-week sermon series on sexual purity.
  - Invite people to share their testimony of healing and restoration (only if clear growth and change has already occurred).
  - Start the conversation with the [Sexual Integrity 101 trailer](#).
  - Invite a [PD speaking team member](#) to share at weekend services and meet with potential leaders after service.
- ➔ Launch *Sexual Integrity 101* groups and create an anonymous way to sign up. *Sexual Integrity 101* is designed for both men and women, but will work best when viewed in same-gender groups for discussion, men with men and women with women.
- ➔ After completing the *Sexual Integrity 101* video course, for those struggling with unwanted sexual behaviors, give men the option of joining a [Seven Pillars of Freedom](#) group and women the option of joining an [Unraveled](#) group.
- ➔ Meet with group leaders on a monthly or quarterly basis to hear how groups are going and to provide personal support to the leaders.
- ➔ [Register your group](#) on the Pure Desire website. Groups who are registered on our website have the opportunity to connect with other local churches using the curriculum, receive regular communication from our groups team, and get free access to digital leader's guides.

## RECOMMENDED RESOURCES

- ➔ Podcast Ep. 026: [Seven Pillars of Freedom Part 1](#)
- ➔ Podcast Ep. 027: [Seven Pillars of Freedom Part 2](#)
- ➔ Podcast Ep. 095: [Unraveled: Managing Love, Sex, and Relationships](#)
- ➔ Podcast Ep. 152: [Leading Unraveled Groups](#)



## STEP 03. SUPPORT GROUPS

- ➔ Start [Betrayal & Beyond](#) groups for women who are struggling with betrayal issues relating to a spouse's unwanted sexual behavior. These groups are applicable for married or divorced women.
- ➔ Begin [Hope for Men](#) groups for men who are struggling with issues relating to their spouse's unwanted sexual behavior.

### RECOMMENDED RESOURCES

- ➔ Podcast Ep. 042: [Betrayal & Beyond](#)
- ➔ Podcast Ep. 079: [Leading Betrayal & Beyond](#)



## STEP 04. EVENTS

- ➔ [Host or attend a PD Group Training event](#) or other PD event.
- ➔ Work with the PD event team at [events@puredesire.org](mailto:events@puredesire.org) to host a PD Group Training event or another equipping event at your church.
- ➔ Collaborate with other churches in your area to promote a local event for churches in the community.



## STEP 05. STUDENT GROUPS

- ➔ Present [Living Free](#) groups for college-aged men.
- ➔ Organize [Top Gun](#) groups for high school guys.
- ➔ Begin [Behind the Mask](#) groups for high school girls.
- ➔ Establish [Unraveled](#) groups for college-aged women.

### RECOMMENDED RESOURCES

- ➔ Podcast Ep. 030: [Living Free](#)
- ➔ Podcast Ep. 152: [Leading Unraveled Groups](#)



# STEP 06. ONGOING SUPPORT

- ➔ Aim to have testimonies of healing and freedom shared from the platform on a quarterly basis if possible.
- ➔ Consider caring for your pastoral staff and leaders through our [PD Leaders program](#).
- ➔ As more groups get started, stagger the group starting points so the church is never more than 2 to 3 months from a new group starting.
- ➔ Continue to use the *Sexual Integrity 101* video course for people who want to join a group but are waiting for one to start.
- ➔ Connect with your Regional Group Advisor (RGA) on a quarterly basis and keep them informed of your church's progress.
- ➔ Send all new leaders to PD Group Training event to equip them as they prepare to lead a group.

Though we recommend this order of implementation, the process does not look the same in every church. If you are unable to follow this process, please don't hesitate to contact our International Group Coordinators at [groups@puredesire.org](mailto:groups@puredesire.org) to discuss your specific circumstances, challenges, and needs.

If the pastoral staff needs more information about Pure Desire or implementation, they may set up a time to confer with our Executive Director. Appointments can be scheduled through our office at [info@puredesire.org](mailto:info@puredesire.org) or (503) 489-0230.