

ENDING GROUP WELL

DON'T WAIT UNTIL THE LAST MEETING

- You should begin talking about the end of the group by the time you start the last Pillar (4 weeks out, minimum). Or by the time you start the last chapter in *Betrayal & Beyond* and *Unraveled*.
- The first time you bring it up, give an overview of the options and invite group members to pray about what God has next for them.
- The second time, go over the options again and ask people for their reactions, thoughts, and questions. Let them know you will also follow-up with them to find out personally where they are.
 - During the personal follow up, encourage those you think are qualified to consider becoming a group leader or co-leader.
- The third and/or fourth time, discuss the current plans that are in place for next steps and pray specifically over the next steps group members are committing to take.

CAST A VISION

- “Paying it forward” and “taking sweet revenge” are two phrases used often by Pure Desire and our founder, Dr. Ted Roberts. Our healing has come full-circle when we begin using our story to help others who are trapped in their struggle or pain.
- Discuss as a group why “paying it forward” is crucial to the healing process.

SPELL OUT THE OPTIONS

- **Continue with another group, same workbook:** this is recommended if someone is still experiencing frequent relapses, feels “stuck” anywhere in the process, or is in any kind of significant relational stress.
 - This may also be a good time to refer to Pure Desire’s “When to Refer” document (also called “Group Referral Criteria) and encourage any group members who are stuck to consider counseling with Pure Desire or a local CSAT/PSAP.
- **Continue with another group, different workbook:** this is recommended for someone who is finding traction, but wants to approach their healing journey from a different angle. This might be transitioning into a *Genesis Process* group (for men or women), or for women, transitioning from *Betrayal & Beyond* to *Unraveled*, or vice versa.

- **Help lead or co-lead a new group:** this step is recommended for anyone who has at least 6 months of sustained traction (sobriety) and has a vision to help others.
- **Stop group and do regular check-ins with accountability partners:** this step is only recommended for those who have a minimum of 6 months of sobriety and who feel called to lead/serve in another way or ministry.

ENCOURAGE LOCAL CHURCH ENGAGEMENT

- If a group member is not attending a group in their own church (online groups or groups at another church), look for ways to encourage them to take the material and groups back to their own church. This is the long-term win for a man or woman and their local church!
- If the group member is ready, they can offer to help lead the first group and share their story.
- Encourage group members to reach out to Pure Desire's Groups team for help in how to present the ministry to a pastor or staff member: **groups@puredesire.org**.

CLARIFY EXPECTATIONS FOR THOSE INTERESTED IN LEADING AN ONLINE GROUP

- Group members cannot go straight from their first group experience to being a paid PD group leader. They need to have experience leading a PD group and attendance at a PD event or have gone through Pure Desire's *Sexual Integrity 101* video course.
- Group members who are interested in being an online co-leader (no charge for group participation) may contact Pure Desire to be placed in a group. Potential co-leaders will need the current group leader's recommendation to serve as an online co-leader.
- To apply to become a PD online group leader or co-leader, direct someone to puredesire.wufoo.com/forms/online-group-leader-application/

DISCUSS NEXT STEPS OUTSIDE THE GROUP

- **Spouses:** is the group member's spouse engaged in the healing process? If so, these next steps are something they will want to discuss together. Going through the workbook, *Connected*, as a couple could be a valuable tool. If their spouse has not engaged, this could be a good opportunity to share with them the progress the group member has made and invite them into the healing journey.
- **Kids:** if the group member has not shared an appropriate disclosure with their children, this should be discussed now.
- **Family and community:** have group members consider where and when it will be appropriate to begin sharing their story and inviting other people into the journey they have taken.